

Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	All Day Breakfast: Pork Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans 	Spaghetti Bolognese with Garden Peas & Carrots/ Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots 	Roast Chicken, Yorkshire Pudding, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Wholemeal Pizza: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn 	Fish Fingers, Chips with Peas & Baked Beans 
Vegetarian Option	Macaroni Cheese with Broccoli, Sweetcorn and Baked Beans 	Vegetable Meatball Masala on Yellow Mixed Rice with Garden Peas & Carrots ^{VG} 	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn ^{VG} 	Wholegrain Mexican Bean Wrap with Chips, Baked Beans & Garden Peas 
Halal Option	All Day Breakfast: Chicken Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans 	Spaghetti Bolognese with Garden Peas & Carrots/ Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots 	Roast Chicken, Yorkshire Pudding, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Wholemeal Pizza: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn 	
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Selection of Fresh Fruit & Yoghurt 	Chocolatey Orange Fudge Cake	Orange Jelly with Fresh Fruit Slices ^{VG} 	Lemon Drizzle Cake & Custard	Selection of Fresh Fruit & Yoghurt

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

