

Autumn/Winter Menu Week 3

2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausages, Home Baked potato wedges, Broccoli, Sweetcorn & Gravy 	Savoury Chicken Shortcrust Pastry Pie with Mashed Potato, Carrots & Garden Peas 	Roast Chicken, Roast Potatoes, Yorkshire Pudding, Mixed Vegetables, & Gravy 	Wholemeal Pizza: Mixed Vegetable Pizza with Pasta Salad, Carrots & Sweetcorn 	Battered Fish with Chips, Garden Peas & Baked Beans 
Vegetarian Option	Masala Chickpeas & Peppers Topped Flatbread with Wholegrain Rice, Broccoli & Sweetcorn 	Veggie Mince & Vegetable Shortcrust Pastry Pie & Homemade Potato Wedges, Carrots & Garden Peas ^{VG} 	Quorn Grill, Roast Potatoes, Yorkshire Pudding, Mixed Vegetables, & Gravy 	Vegetable Pasta Carbonara with Carrots & Sweetcorn 	Crispy Vegetable Fingers with Chips, Garden Peas & Baked Beans ^{VG} 
Halal Option	Chicken Sausages, Homemade Potato Wedges, Broccoli, Sweetcorn & Gravy 	Savoury Chicken Shortcrust Pastry Pie with Mashed Potato, Carrots & Garden Peas 	Roast Chicken, Roast Potatoes, Yorkshire Pudding, Mixed Vegetables, & Gravy 	Wholemeal Pizza: Margherita Pizza with Pasta Salad, Carrots & Sweetcorn 	
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Selection of Fresh Fruit & Yoghurt 	Apple Sponge & Custard 	Strawberry Jelly ^{VG}	Iced Sponge Cake	Selection of Fresh Fruit & Yoghurt 

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

